

## **AGENDA for the 4 Part Series: ReImagining School Lunch**

1. November 2<sup>nd</sup>, 2019 Understanding the System, building relationships, and learning the first set of tools for Sense-Making
2. March 20 & 21, 2020 at Sleeping Child Hot Springs. Remembering what we did in November & Sense-Making from activities done from Nov-Mar, gathering around interest areas, and learning prototyping principles and tools
3. June or July 2020 Harvesting the learning, find unexpected surprises, and looking at feedback from the prototypes to know what to adapt, adjust, or drop.
4. November 2020 same as 3.

## **AGENDA for today, November 2<sup>nd</sup>, 2019**

9:30am Kick off

### **10am Exploration Workshop**

Clustering exercise - who is in the room?

Base Camp work

Levels of Listening

TOOL: Empathy Walk

Debrief w Qs in your Base Camp group of 4.

What did you discover about yourself?

What was most meaningful to you about the activity?

What's your biggest take-away?

How do you feel now?

“Speed Dating” activity

2 words that describe your silo. What was your favorite school lunch food?

What info informs decisions you make,? What do you do to relax?

What are the parameters of what you do? What would you rather be doing?

Share your strengths. What's your favorite childhood memory?

TOOL: Stakeholder Interview

How does the current system work? map the journey from seeding on farm to swallowing

\*Lunch\*

### **1pm SHARP Discovery Workshop**

Conversation Café Questions:

1. What are the parameters of each role/stakeholder? What is the silo?  
What's the motivation/incentive (to keep things the same or change something)
2. Who are our allies? Who supports the systems? What other resources are available?
3. What are our potential blind spots? What do I question? What other models are out there in the world that can inform us?
4. What doors are open and opening now? What barriers do we need to be aware of?

Harvest Questions:

What came up as most important?

What surprised you, what excites you, what do you want to know more about?

Report from each Base Camp.

TOOL: Sensing Journeys

Meeting 2 instructions

Sun rays: what will you do between now and next meeting. (interviews, visit, fact finding, etc.)

(depending on time) exercise on assumptions... what do you think you will see at the site visit?

Closing circle touching back into center point w gratitude for work and each other

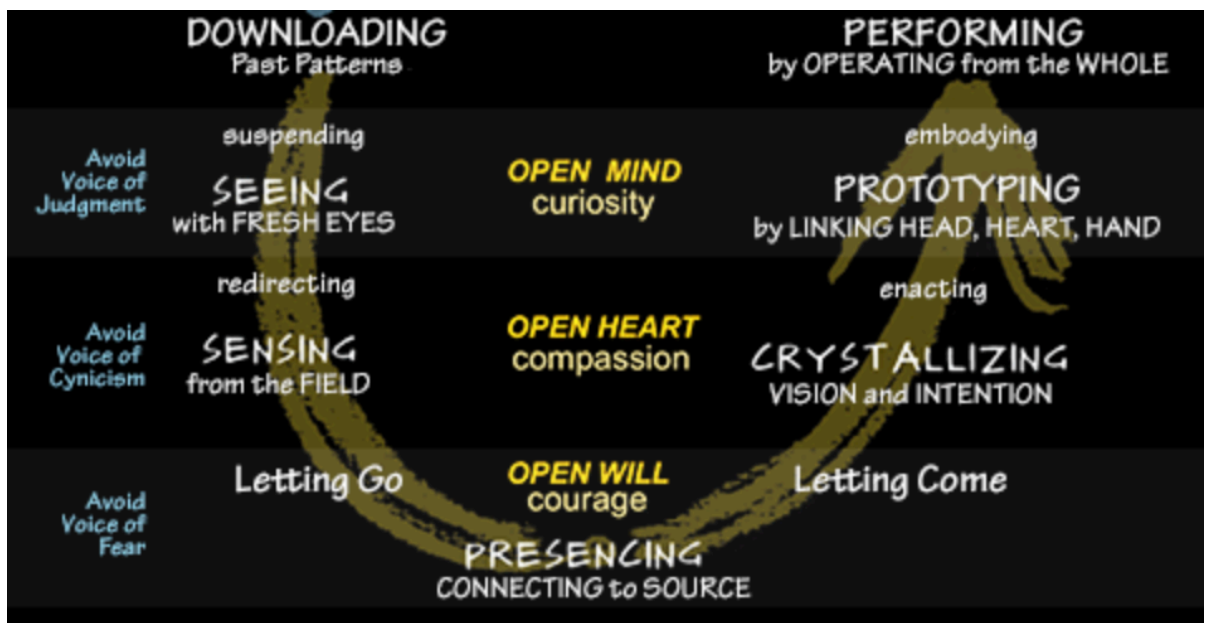
3:30pm Start Site visits and debrief (Qs on back of sun)

4:30pm end of this event

# U-Process: 1 Process, 5 Movements



another way to look at the same process...



# Base Camp Sheet

Base Camp Contact Info (groups of 4)

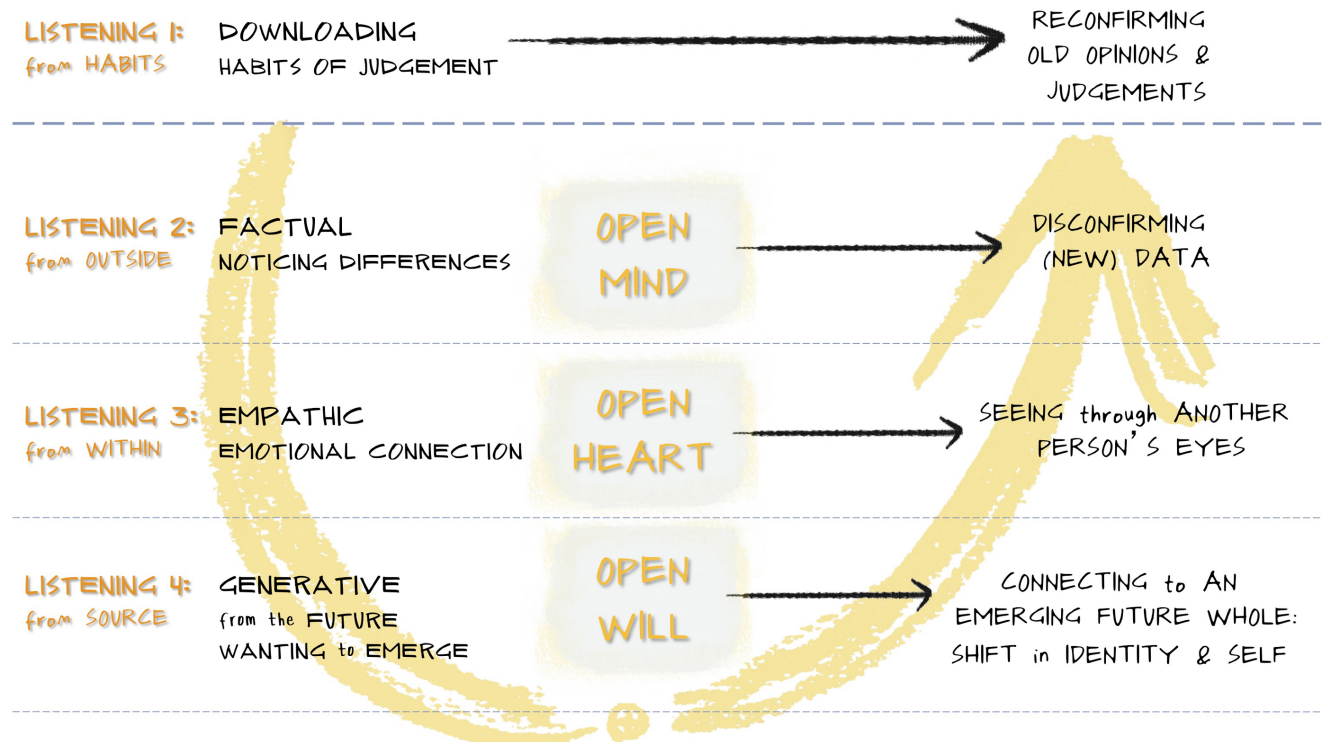
Name:

Ways to contact:

- 1.
- 2.
- 3.
- 4.

Levels of Listening that create our Social Fields of interaction:

## LEVELS of LISTENING



## Tool: Empathy Walk

1. Who are you?
2. What's important to you about food?

Empathy Walk Debrief Questions in your Base Camp group of 4.

What did you discover about yourself?

What was most meaningful to you about the activity?

What's your biggest take-away?

How do you feel now?

Conversation Café Harvest Questions:

What came up as most important?

What surprised you, what excites you, what do you want to know more about?

## FIELDS of CONVERSATION

**1: DOWNLOADING**  
TALKING NICE

SPEAKING from WHAT OTHERS WANT to HEAR  
POLITE ROUTINES, EMPTY PHRASES  
CONFORMING: NOT SAYING WHAT YOU THINK

**2: DEBATE**  
TALKING TOUGH

SPEAKING FROM WHAT I THINK  
DIVERGENT VIEWS: I AM MY POINT of VIEW  
CONFRONTING: SAYING WHAT YOU THINK

**3: DIALOGUE**  
REFLECTIVE INQUIRY

SPEAKING from SEEING MYSELF  
as PART of the WHOLE  
from DEFENDING to INQUIRY into VIEWPOINTS  
CONNECTING: REFLECTING on YOUR PART

**4: COLLECTIVE  
CREATIVITY**  
GENERATIVE FLOW

SPEAKING from WHAT IS MOVING THROUGH  
STILLNESS, PRESENCING, FLOW  
CO-CREATING: SHIFTING IDENTITY; AUTHENTIC SELF



“Speed Dating” Activity:

Name:

1<sup>st</sup> partner: Give 2 words that describe your silo. What was your favorite school lunch food?

2<sup>nd</sup> partner: What information informs decisions you make? What do you do to relax?

3<sup>rd</sup> partner: What are the parameters of what you do? What would you rather be doing?

4<sup>th</sup> partner: Share your strengths. What’s your favorite childhood memory?

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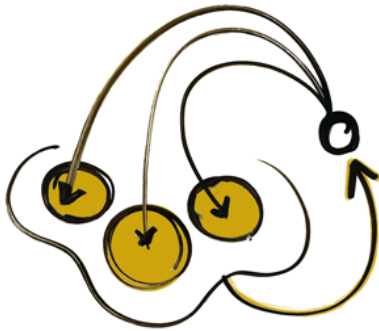
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# STAKEHOLDER INTERVIEWS

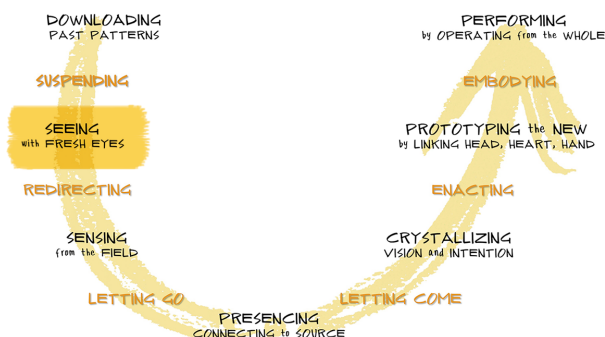


## OVERVIEW

Stakeholder Interviews are conducted by practitioners with their key stakeholders; this could include customers, bosses, subordinates, or peers both within and outside the organization. The interviews allow you to step into the shoes of your interviewees and see your role through the eyes of these stakeholders.

## PURPOSE

The purpose of a stakeholder interview is to see your work from the perspective of your stakeholders. It answers the questions: What do my stakeholders want from me? What do they need me for?



*Stakeholder Interviews can be used in all phases of the U-process. Most common use is during the preparation phase of a project.*

## PRINCIPLES

- Create transparency and trust about the purpose and the process of the interview; establish a personal connection early on.
- Suspend your voice of judgment (VOJ) to see the situation through the eyes of your interviewee. What matters at this point is not whether you agree with what your interviewee is telling you. What matters now is that you learn to see the situation through the eyes of the stakeholder.
- Access your ignorance (access your open mind): As the conversation unfolds, pay attention to and trust the questions that occur to you. Don't be afraid to ask simple questions or questions you think may reveal a lack of some basic knowledge.
- Access your appreciative listening (access your open heart): Connect to your interviewee with your mind and heart wide open. Thoroughly appreciate and enjoy the story that you hear unfolding and put yourself in your interviewee's shoes.
- Access your listening from the future field (access your open will): Try to focus on the best future possibility for your interviewee that you feel is wanting to emerge. What might that best possible future look like?
- Leverage the power of presence and silence: One of the most effective interventions as an interviewer is to be fully present with the interviewee and the current situation—and not to interrupt a brief moment of silence. Moments of silence can serve as important trigger points for deepening the reflective level of a conversation. More often than not, these opportunities go unused because the interviewer feels compelled to jump in and ask the next question. Be courageous. Stay with the opening of the NOW.

## USES & OUTCOMES

Stakeholder interviews offer:

- Enhanced clarity about how your work matters from the viewpoint of your stakeholders
- An understanding of how your stakeholders assess the value you create for them
- Ideas for quickly improving a situation



- The identification of barriers and roadblocks that need to be removed
- A better and deeper personal relationship with your key stakeholders
- Use with...Listening and mindfulness tools

## EXAMPLE

One participant in a leadership capacity-building workshop:

"As a newcomer, I sensed that there wasn't a lot of trust in the organization. With all these questions in mind, I was asked to do 'stakeholder' interviews as a preparation for a leadership seminar. The first thing I realized was that stakeholder interviews are 180 degrees different from normal conversations. No checking out and bargaining over my pre-prepared plans and trying to convince the other person. On the contrary, I had to shift my perspective and put myself into the stakeholders' shoes: 'How does she or he look at my job? I had to find out how I could

serve my stakeholders so that they could be successful...

But then it was amazing: The interviews were incredibly helpful. They saved me months of work and communication! I learned things from the perspective of my stakeholders in this open way that I would never have heard in 'normal communications'. Shortly after the interviews, people I didn't know came along and said, 'We've heard about these open communications you've had. We must tell you that they've created a lot of trust. How did you do that?'"

## RESOURCES

C. Otto Scharmer, (2009) Theory U: Learning from the Future as it emerges. Berrett-Koehler: San Francisco.

## PROCESS

### SET UP

#### People & Place

Stakeholder interviews work best face-to-face. If in-person interviews are not possible, conduct them by phone.

#### Time

Both figures are estimates and need to be adjusted to the specific context:

- 30-45 minutes for a phone interview.
- 30-90 minutes for a face-face interview.

Allocate an additional 30 min. before the interview to prepare and 30 min after for review.

### Materials

Use the interview guidelines (questionnaire), but feel free to deviate when necessary. Paper and pen to take notes.

## SEQUENCE

### Step 1

Identify the stakeholders who are relevant to your current situation or challenge/opportunity.

Define/revise questions to adjust to the specific context. Schedule appointments.

Decide whether to send the questions to the interviewee in advance.

### Step 2

Before you meet the interviewee, allow for some quiet preparation or silence.

For example, take 20-30 minutes prior to an interview to relax and anticipate the conversation with an open mind and heart.

### Step 3

During the interview, listen with your mind and heart wide open, take notes, follow the principles below.

Ask questions spontaneously: Feel free to deviate from your questionnaire if important questions occur to you. The questionnaire is designed to serve you and your work—not the other way around.

Sample questionnaire:

What is your most important objective, and how can I help you realize it? (What do you need me for?)

What criteria do you use to assess whether my contribution to your work has been successful?

If I were able to change two things in my area of responsibility within the next six months, what two things would create the most value and benefit for you?

### Step 4

Right after the interview, take time to reflect on key insights, capture your key thoughts in writing.

### Step 5

Close the feedback loop: Right after each interview, send a thank-you note to your interviewee (within 12 hours).

Site Visit (Sensing Journey) Debrief Questions:

**Avoid Judgments. Just Observe & pay attention.**

Site you visited:

Name: (optional)

3-5 observations (What did you see and hear):

What was most surprising or unexpected?

What touched me? What connected with me personally?

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